



August



**International Overdose
Awareness Day**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Monday through Friday 8am – 8pm Saturday 8am – 6pm 20 Williams St. Lowell, MA 01852 978-677-6087 Recovery Café Lowell info@recoverycafelowell.org					8:30a Moment of Silence 10a Coloring Circle 12p Home Cooked Meal 1p Latte Hour 1p Recovery Games 2p Harmony's RC
3 8:30a Moment of Silence 11a Men's Group 11a NMI 12p Home Cooked Meal 12p Amiee's RC 1p Latte Hour 1p Cindy's RC 2p Game Group 4p Andre's RC	4 8:30a Moment of Silence 10a John's RC 11a Healing Together 11a Carl's RC 12p Home Cooked Meal 1p Latte Hour 1p Beyond Recovery 2p Beverly's RC 3p Deep Clean 6-8p Rebuild and Rise	5 8:30a Moment of Silence 9a Mindful Movement 10a 12 Step Meeting 11a Morayma's RC 12p Home Cooked Meal 1p Latte Hour 1p Women's Group 2p Derrick's RC 3p Garden Club 5p Andre's RC	6 8:30a Moment of Silence 10a Welcome Back 10a Music Group 11a Amiee's RC 12p Spirituality Group 12p Home Cooked Meal 1p Paint Your Path 1p Latte Hour 2p Lisa's RC 3p Outdoor Deep Clean 4p Ronny's RC	7 8:30a Moment of Silence 9a Community Meeting 10a Lisa's RC 11a Kara's RC 12p Cookout 1p Latte Hour 2p Morayma's RC (Solo Habla Español) 3p Garden Club	
10 8:30a Moment of Silence 11a Men's Group 11a NMI 12p Home Cooked Meal 12p Amiee's RC 1p Latte Hour 1p Cindy's RC 2p Game Group 4p Andre's RC	11 8:30a Moment of Silence 10a John's RC 11a Healing Together 11a Carl's RC 11a MAB @ PK Farm 12p Home Cooked Meal 1p Latte Hour 1p Beyond Recovery 2p Beverly's RC 3p Deep Clean 6-8p Rebuild and Rise	12 8:30a Moment of Silence 9a Mindful Movement 10a 12 Step Meeting 11a Morayma's RC 12p Home Cooked Meal 1p Latte Hour 1p Women's Group 2p Derrick's RC 3p Garden Club 5p Andre's RC	13 8:30a Moment of Silence 10a Music Group 11a Amiee's RC 12p Spirituality Group 12p Home Cooked Meal 1p Group Facilitator's Training 1p Latte Hour 2p Lisa's RC 3p Outdoor Deep Clean 4p Ronny's RC	14 8:30a Moment of Silence 9a Community Meeting 10a Lisa's RC 11a Kara's RC 12p Caffeine Meets Cool: Coffee & Ice Cream Social 1p Latte Hour 2p Morayma's RC (Solo Habla Español) 3p Garden Club	15 8:30a Moment of Silence 10a Coloring Circle 12p Home Cooked Meal 1p Latte Hour 1p Dance Around the World 2p Harmony's RC
17 8:30a Moment of Silence 11a Men's Group 11a NMI 12p Home Cooked Meal 12p Amiee's RC 1p Latte Hour 1p Cindy's RC 2p Game Group 4p Andre's RC	18 8:30a Moment of Silence 10a John's RC 11a Healing Together 11a Carl's RC 12p Home Cooked Meal 1p Latte Hour 1p Beyond Recovery 2p Beverly's RC 3p Deep Clean 6-8p Rebuild and Rise	19 8:30a Moment of Silence 9a Mindful Movement 10a 12 Step Meeting 11a Morayma's RC 12p Home Cooked Meal 1p Latte Hour 1p Women's Group 2p Derrick's RC 3p Garden Club 5p Andre's RC	20 8:30a Moment of Silence 10 Welcome Back 10a Music Group 11a Amiee's RC 12p Spirituality Group 12p Home Cooked Meal 1p Paint Your Path 1p Latte Hour 2p Lisa's RC 3p Outdoor Deep Clean 4p Ronny's RC	21 8:30a Moment of Silence 9a Community Meeting 10a Lisa's RC 11a Kara's RC 12p Cookout 1p Latte Hour 2p Morayma's RC (Solo Habla Español) 3p Garden Club	22 8:30a Moment of Silence 10a Coloring Circle 12p Home Cooked Meal 1p Latte Hour 1p Dance Around the World 2p Harmony's RC
24 8:30a Moment of Silence 11a Men's Group 11a NMI 12p Home Cooked Meal 12p Amiee's RC 1p Latte Hour 1p Cindy's RC 2p Game Group 4p Andre's RC	25 8:30a Moment of Silence 10a John's RC 11a Healing Together 11a Carl's RC 12p Home Cooked Meal 1p Latte Hour 1p Beyond Recovery 2p Beverly's RC 3p Deep Clean 6-8p Rebuild and Rise	26 8:30a Moment of Silence 9a Mindful Movement 10a 12 Step Meeting 11a Morayma's RC 12p Home Cooked Meal 1p Latte Hour 1p Women's Group 2p Derrick's RC 3p Garden Club 5p Andre's RC	27 8:30a Moment of Silence 10a Music Group 11a Amiee's RC 12p Spirituality Group 12p Home Cooked Meal 1p Paint Your Path 1p Latte Hour 2p Lisa's RC 3p Outdoor Deep Clean 4p Ronny's RC	28 8:30a Moment of Silence 9a Community Meeting 10a Lisa's RC 11a Kara's RC 12p Birthday BBQ 1p Latte Hour 2p Morayma's RC (Solo Habla Español) 3p Garden Club	29 8:30a Moment of Silence 10a Coloring Circle 12p Home Cooked Meal 1p Latte Hour 1p Dance Around the World 2p Harmony's RC
31 8:30a Moment of Silence Join us for International Overdose Awareness Day 11a-2p	RC = Recovery Circle NMI = New Member Introduction Welcome Back – Re-Enrollment for Returning Members MAB = Member Advisory Board Beyond Recovery = A volunteer-led class focusing on life skills Healing Together = A wellness group focused on mindfulness, self-care, and connection Rebuild & Rise = An evening of support for returning citizens as they actualize their potential Mindful Movement = Volunteer-Led movement group Dance Around the World = A Beginner-friendly dance and movement group exploring a new dance style each month				



Recovery Cafe Lowell
A place to be supported, known and loved

