

October

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					
			1 8:30a Moment of Silence 10a Music Group 11a Terry's RC 12p Spirituality Group 12 Home Cooked Meal 1p Latte Hour 2p Lisa's RC 3p Deep Clean 4p Ronny's RC	2 8:30a Moment of Silence 10a Lisa's RC 11a Kara's RC 12p Community Mtg. 12p Home Cooked Meal 1p Latte Hour 2p Circulo en Español 3p Dungeons & Dragons	3 8:30a Moment of Silence 10a Crafting Corner 12p Home Cooked Meal 1p Latte Hour 2p Harmony's RC 3p Coloring Circle
5: 8:30a Moment of Silence 10a Dominoes 11a Men's Group 12p Home Cooked Meal 12p Amiee's RC 1p Latte Hour 1p Cindy's RC 2p Game Group 4p Andre's RC	6 8:30a Moment of Silence 10a John's RC 11a Healing Together 11a Carl's RC 12p Home Cooked Meal 1p Latte Hour 1p Beyond Recovery 2p Beverly's RC 3p Deep Clean 6-8p Rebuild and Rise	7 8:30a Moment of Silence 10a 12 Step Meeting 10a NMI 11a Morayma's RC 12p Home Cooked Meal 1p Latte Hour 1p Women's Group 2p Derrick's RC 4p Writer's Block 5p Andre's RC	8 8:30a Moment of Silence 10a WBO 10a Music Group 11a Terry's RC 12p Spirituality Group 12p Home Cooked Meal 1p Latte Hour 2p Lisa's RC 3p Deep Clean 4p Ronny's RC	9 8:30a Moment of Silence 10a Lisa's RC 11a Kara's RC 12p Community Mtg. 12p Home Cooked Meal 12p Artist's Block 1p Latte Hour 2p Circulo en Español 3p Dungeons & Dragons	10 8:30a Moment of Silence 10a Crafting Corner 12p Home Cooked Meal 1p Latte Hour 2p Harmony's RC 3p Coloring Circle
12 RCL is Closed in Observance of 	13 8:30a Moment of Silence 10a John's RC 11a Healing Together 11a Carl's RC 12p Home Cooked Meal 1p Latte Hour 1p Beyond Recovery 2p Beverly's RC 3p Deep Clean 6-8p Rebuild and Rise	14 8:30a Moment of Silence 10a 12 Step Meeting 10a NMI 11a Morayma's RC 12p Home Cooked Meal 1p Latte Hour 1p Women's Group 2p Derrick's RC 4p Writer's Block 5p Andre's RC	15 8:30a Moment of Silence 10a Music Group 11a Terry's RC 12p Spirituality Group 12p Home Cooked Meal 1p Latte Hour 2p Lisa's RC 3p Deep Clean 4p Ronny's RC	16 8:30a Moment of Silence 10a Lisa's RC 11a Kara's RC 12p Community Mtg. 12p Home Cooked Meal 12p Artist's Block 1p Latte Hour 2p Circulo en Español 3p Dungeons & Dragons	17 8:30a Moment of Silence 10a Crafting Corner 12p Home Cooked Meal 1p Latte Hour 2p Harmony's RC 3p Coloring Circle
19 8:30a Moment of Silence 10a Dominoes 11a Men's Group 12p Home Cooked Meal 12p Amiee's RC 1p Latte Hour 1p Cindy's RC 2p Game Group 4p Andre's RC	20 8:30a Moment of Silence 10a John's RC 11a Healing Together 11a Carl's RC 12p Home Cooked Meal 1p Latte Hour 1p Beyond Recovery 2p Beverly's RC 3p Deep Clean 6-8p Rebuild and Rise	21 8:30a Moment of Silence 10a 12 Step Meeting 10a NMI 11a Morayma's RC 12p Home Cooked Meal 1p Latte Hour 1p Women's Group 2p Derrick's RC 4p Writer's Block 5p Andre's RC	22 8:30a Moment of Silence 10a WBO 10a Music Group 11a Terry's RC 12p Spirituality Group 12p Home Cooked Meal 1p Latte Hour 2p Lisa's RC 3p Deep Clean 4p Ronny's RC	23 8:30a Moment of Silence 10a Lisa's RC 11a Kara's RC 12p Community Mtg. 12p Home Cooked Meal 12p Artist's Block 1p Latte Hour 2p Circulo en Español 3p Dungeons & Dragons	24 8:30a Moment of Silence 10a Crafting Corner 12p Home Cooked Meal 1p Latte Hour 2p Harmony's RC 3p Coloring Circle
26 8:30a Moment of Silence 10a Dominoes 11a Men's Group 12p Home Cooked Meal 12p Amiee's RC 1p Latte Hour 1p Cindy's RC 2p Game Group 4p Andre's RC	27 8:30a Moment of Silence 10a John's RC 11a Healing Together 11a Carl's RC 12p Home Cooked Meal 1p Latte Hour 1p Beyond Recovery 2p Beverly's RC 3p Deep Clean 6-8p Rebuild and Rise	28 8:30a Moment of Silence 10a 12 Step Meeting 10a NMI 11a-3p Falloween Celebration 4p Writer's Block 5p Andre's RC 	29 8:30a Moment of Silence 10a Music Group 11a Terry's RC 12p Spirituality Group 12p Home Cooked Meal 1p Latte Hour 2p Lisa's RC 3p Deep Clean 4p Ronny's RC	30 8:30a Moment of Silence 10a Lisa's RC 11a Kara's RC 12p Community Mtg. 12p Home Cooked Meal 12p Artist's Block 1p Latte Hour 2p Circulo en Español 3p Dungeons & Dragons	31 8:30a Moment of Silence 10a Crafting Corner 12p Home Cooked Meal 1p Latte Hour 2p Harmony's RC 3p Coloring Circle

RC = Recovery Circle

NMI = New Member Introduction

Welcome Back – Re-Enrollment for Returning Members

MAB = Member Advisory Board

Beyond Recovery = A volunteer-led class focusing on life skills

Rebuild & Rise = An evening of support for returning citizens as they actualize their full potential

Healing Together = A wellness group focused on mindfulness, self-care, and connection

Artist's Block = An artist-led group exploring different mediums

Writer's Block = A creative writing group



Recovery Cafe Lowell
A place to be supported, known and loved

